



Mark Your Calendars



March 3rd – APMC Membership Meeting, Espanol Italian Restaurant

April 13th – Sexual Harassment Prevention Training for Supervisors

April 14th – APMC Membership Meeting, Zinfandel Grill

May 23rd – Annual APMC Golf Tournament at Morgan Creek

July 14th – River Cats Family Outing

September – APMC Membership Meeting, Sacramento Windustrial

CLC Update

California Building Standards Code Reminder

We want to remind you that the new 2010 California Building Standards Code (CBSC) became effective January 1, 2011.

The California Building Standards Code is maintained by the California Building Standards Commission (www.bsc.ca.gov) and contains the codes and laws that regulate the construction of all buildings and structures in the State of California. The CBSC is Title 24 of the California Code of Regulations (CCR) and consists of eleven parts: Six (6) parts are authored by the State of California and five (5) parts are based on model codes that are authored by various model code writing bodies.

The new 2010 California Building Standards Code includes:

- Part 2, 2010 California Building Code (CBC) which is based on the 2009 International Building Code (IBC) published by the International Code Council (ICC).
- Part 2.5 2010 California Residential Code (CRC) which is based on the 2009 International Residential Code (IRC) published by the International Code Council (ICC).
- Part 3, 2010 California Electrical Code (CEC), which is based on the 2008 National Electrical Code (NEC) published by the National Fire Protection Association (NFPA).

- Part 4, 2010 California Mechanical Code (CMC) which is based on the 2009 Uniform Mechanical Code (UMC) published by the International Association of Plumbing and Mechanical Officials (IAPMO).
- Part 5, 2010 California Plumbing Code (CPC), which is based on the 2009 Uniform Plumbing Code (UPC) published by the International Association of Plumbing and Mechanical Officials (IAPMO).
- Part 6, 2010 California Energy Code (CEC), which is written by the California Energy Commission (CEC), and published by the California Building Standards Commission.
- Part 9, 2010 California Fire Code (CFC), which is based on the 2009 International Fire Code (IFC) published by the International Code Council (ICC).
- Part 11, 2010 California Green Building Standards Code (CALGreen) published by the California Building Standards Commission (CBSC).

In compliance with State law, the California Building Standards Code is revised and updated every three years.

CSLB Clarifies Fire Protection Contractor Requirements

Beginning January 1, 2011, an automatic fire sprinkler system will be mandatory in all new one and two-family dwellings throughout the state. In line with the 2009 International Building, Fire and Residential Code, this change comes from modifications to the California Building Code through the State Building Standards Commission. All contractors need to be aware that according to the Contractor State Licensing Board, only the C-16 Fire Protection classification is legally permitted to lay out, fabricate or install fire protection systems. Other trades can provide work up to the fire protection system only, regardless of whether the fire protection system is combined or stand-alone.

Contractor State Licensing Board regulations state that a fire protection contractor “lays out, fabricates and installs all types of fire protection systems; including all the equipment associated with these systems, excluding electrical alarm systems.”

The new fire sprinkler system requirement does not apply to home remodels, only new construction.

L & H Airco Moves Into New Facility

L&H Airco, a Northern California based installer of Energy Management Systems, announced it has completed moving their main office from leased space in Roseville, CA to a renovated building they purchased in Rocklin, CA at 2530 Warren Drive. The interior of the 10 year old building was completely rebuilt and provides increased communication among departments and an increase in productivity while reducing energy costs.

“We were fortunate to find a great building so close to our former office. Our goal was to become more streamlined and efficient with a limited impact on our customers and employees. I don’t think we could have found a better location for our team. Although the address changed, all of our phone numbers will remain the same, plus we have added direct dial numbers for all our sales engineers,” said Frank Wegener, L&H Airco’s President.



Employing energy savings technologies, L&H Airco expects to save 32% of its former energy usage per square foot by installing an Advanced Lighting Control System which utilizes dimmable ballasts, day lighting, and motion switches and through the use of innovative BACnet control strategies to optimize A/C unit usage while maintaining employee comfort.

For more information call 916-677-1000, visit their website at <http://www.LHAirco.com>, or send an E mail to “sales@LHAirco.com”.

About L&H Airco

Founded in 1983, L&H Airco is an installer of building automation systems for heating, ventilation and air conditioning (HVAC) equipment. With branch offices in Fresno and San Diego, L&H Airco designs, installs and services DDC controls manufactured by Alerton, Reliable, Novar, Tridium, and LON. In addition, L&H Airco is a manufacturer’s representative for Composite Cooling Solutions cooling towers and Secure Aire air purification products. In the past 28 years, L&H Airco has installed over 900 control systems worth over \$450 Million in office buildings, government facilities, university campuses, airports, hotels, school districts and hospitals throughout California. LON is a trademark of the Echelon Corporation, Alerton, Novar and Tridium are trademarks of Honeywell International. All other product names used here are property of their respective owners.



“Outlook” Running Slow? Tips to Keep it Clean.

Is your Outlook fast enough for you? When searching for an e-mail you sent or deleted, does this take f-o-r-e-v-e-r? We have some simple, but significant tips to share with you to speed up your Outlook and control your data sizes.

From your perspective, you probably view Outlook as a program that opens when you click on it, and inside there are folders for Inbox, Sent items and Deleted items. What you may not know is all of these e-mails combined make up a single large file on your computer – probably the largest file that exists on your system. This makes it easier to back up but tougher to manage.

In Outlook 2002 and prior, the maximum size for this file was 2GB. In Office 2003 and 2007 this was more tolerable: up to 6GB, but even this was a struggle. Now in 2010, the size is unlimited. We all love that word... unlimited... but that also means more areas for computer users to slack in keeping their data tidy.

Follow these simple steps to keep your Outlook manageable:

1. Open your Sent Items, and in the upper right click on Size to sort all your e-mails by Size. For anything 1MB and higher, determine if you need to keep and delete them if not. More than likely if you attached something to an outgoing message you already have this file saved elsewhere.
2. Open your Deleted Items, also sort by Size and delete anything over 1MB. This step will ask if you want to Permanently Delete. Choose YES.
3. Re-sort both your Sent and Deleted Items by clicking Received or Sent to sort by date.
4. Click Tools → Options → Mail Setup → Data files → Select your data file and choose Settings → Compact Now. This process can take minutes or hours depending on your e-mails. When it's complete, close your Outlook.

Information Courtesy of Steven Walker, FastBreak Tech, (916) 247-2500.

APMC Welcomes Paramount Sales, Inc.

Since its beginning in Livermore, CA in 2006, Paramount's line card has expanded each year, as they look for opportunities to service the industry.

Owners Brad Mackey and Brian Fresquez, with a growing staff of 13, represent A.O. Smith, State and American water heaters, Charlotte Pipe and Foundry, Sioux Chief, Gerber, Danze, Commercial Enameling Co, Houzer SS Sinks, Aquatic and Trim by Design. They are well positioned to offer services to the commercial, multi-family and residential contractor, builder and engineer.

Partnerships with key manufacturers like Charlotte have recently brought change to the industry's landscape. Paramount and Charlotte are excited to bring CISPI approved Charlotte cast iron pipe and fittings West of the Rockies to distributors and contractors in Northern California. Changes in water

heating technology will bring major innovation in tank and tankless water heaters manufactured by AO Smith, State and American water heaters, brands Paramount stands behind with pride.

Their focus is also on growing the Paramount team to service the market. Tim McEvelly was recently hired to service contractors and distributors in Sacramento. Ray Butcher is working with the engineering and specification community throughout Northern California.

Paramount Sales, Inc. is looking forward to supporting APMC members with a commitment to growing the products, people and relationships that make us all successful.

[For information on these products, contact your Paramount Rep: Tim McEvelly \(916\) 801-5917](#)

